



Reverse ADVENT CALENDAR

Please help us support those in need in Rugby during 2020
by donating the items listed below.
Check our Foodbank App and Facebook page for our up to date needs.

PLEASE NOTE - we do NOT NEED

baked beans, pasta, soup, cereals or tea!

Food donations can be dropped at our warehouse
(see website for opening times)

🌲🌲 RUGBY FOODBANK WISHES YOU A VERY HAPPY CHRISTMAS 🌲🌲

1 Tinned Meat Pies	2 Tinned Carrots	3 UHT Fruit Juice	4 Tinned Meat Eg Ham/ corned beef	5 Pasta Sauce	6 Tinned Fruit
7 Rice Pudding	8 Tinned Fish Eg tuna/salmon	9 Toilet Rolls	10 Tinned Mixed Vegetables	11 Custard (Tinned or dried)	12 Shower Gel
13 Hotdog sausages (tin or jar)	14 Tinned Spaghetti (not dried)	15 Tinned Pineapple or Peaches	16 Tinned Tomatoes	17 UHT Milk	18 Crispbreads/ Savoury Biscuits
19 Tinned Meals (Curry/chilli etc)	20 Dried Milk	21 Puddings Eg. Trifle/Jelly	22 Tinned Sponge Puddings	23 Snack Meals Eg. Pot Noodle/Mug Pasta	24 Instant Mash