

HARVEST APPEAL

HELP LOCAL PEOPLE FACING HARDSHIP

Rugby Foodbank

We are seeing an ever-increasing need – but a reduction in vital donations. By donating this Harvest, you can support local people facing hardship.

- **Donate food** – in store (see our website for a location near you), or as part of your online grocery shop
- **Donate money** – via our online giving platform
- **Share our appeal** – with friends, family and colleagues.

For more information, please visit www.rugby.foodbank.org.uk

TOP FIVE ITEMS NEEDED THIS HARVEST

Tinned

vegetables

Tinned meat

Tinned custard

Hot Choc drink

Sweet biscuits

