Trussell
Ending hunger together

Rugby Foodbank Quiz

Rugby
Foodbank
Together with Trussell

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Round 1

True or False?

1.

The Foodbank also provides toiletries, pet food and laundry detergents.

2.

Trussell Foodbanks also give alcoholic drinks to people who request them.

3.

At Rugby Foodbank we also offer a free taxi home for people with more than 2 bags.

4.

Many people using Foodbanks are also dealing with long term illness or disability.

5.

People in work don’t need support from Foodbanks.

6

Early support and advice can sometimes prevent a financial crisis.

7

If people donate to the Foodbank regularly it adds significant cost to their weekly or monthly shopping bill.

8.

There are more foodbanks in the UK than MacDonalds.

9.

People donate things to the Foodbank – not just food. Rugby has seen the following things donated: weed killer, false eyelashes and hair restorer.

10.

A third of all food parcels in the Trussell network help to feed children.

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Round 2
Who Needs The Foodbank?

Q1. Which of these is the main reason why people need support from Foodbanks today?

A) They are homeless

B) They are unemployed

C) Rising costs of essential things and not enough income

D) People have too many children and can’t feed them

Q2. In 2024 Trussell looked at the percentage of individuals affected by hunger and hardship by their age group. Which age group do you think is most affected ?

A) Children aged between 0 and 4 years old

B) Children age 16 -19 yrs

C) People aged 50 -59 yrs old

D) Pensioners

Q3. According to research that Citizens Advice completed for Warwickshire what is the number one driver of food poverty?

A) Regular income that isn't enough to cover essential bills

B) Poor budgeting

C) Addiction

D) High gas and electric bills

Q4. Which of the following is a common reason people suddenly need food support?

A) They bought a big new TV

B) A one-off expense like a funeral, vet bill or a car repair

C) Going on holiday

D) They lost their job

Q5. Which group of people are more affected by food poverty, than any other ?

A) Unemployed people

C) Refugees

B) Students

D) Families with children

Q6. When people visit Rugby Foodbank because they need food, how do you think they feel?

A) A sense of shame

B) Worried and tearful

C) Relieved they can feed their family and children

D) Hungry

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Round 3
All About the Numbers.

Q1. How many food parcels were distributed by the Trussell network of Foodbanks across the UK in 2023 /2024?

A) 6.24 Million

B) 3.12 Million

C) 987 Thousand

D) 974 Thousand

Q2. In 2025 how many parcels did Rugby Foodbank distribute?

A) 12,357

B) 8,219

C) 5,693

D) 4,976

Q3. What proportion of the UK public believe that everyone should have enough money to afford their basic needs and the dignity to buy their own food?

A) 84%

B) 78%

C) 65%

D) 58%

Q4. What proportion of people coming to Rugby Foodbank come just once in a year to receive emergency food?

A 56%

B 63%

C 24%

D 15%

Q.5 How many tonnes of stock came into Rugby Foodbank warehouse in 2025?

A) 32 Tonnes

B) 48 Tonnes

C) 69 Tonnes

D) 83 Tonnes

Q6. How many tonnes of stock went of Rugby Foodbank warehouse in 2025?

A) 40 Tonnes

B) 56 Tonnes

C) 82 Tonnes

D) 88 Tonnes

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Round 4
All About Rugby Foodbank

Q1. What items are often needed by Rugby Foodbank but are in short supply?

A) Shampoo & Conditioner

B) Salt & pepper

C) Coffee & sugar

D) Tins of fruit & custard

2.

Rugby Foodbank runs on 2 teams of volunteers. Volunteers on the warehouse team sort out the donations coming into the warehouse and make up pre-packed parcels. The distribution team run the afternoon sessions giving out food to the people who need it. How many volunteers in total are involved in the running of the Foodbank?

Q2. How many volunteers in total are involved in the running of Rugby Foodbank?

A) Between 15 and 25

B) Between 30 and 40

C) Between 45 and 65

D) Between 70 and 80

Q3. In the past strange things have been donated to the Foodbank including contraceptives and constipation tablets.

True or False?

Q4. What items do you think we regularly have to purchase because they are not donated often enough?

A) Dog food

B) Snack meals in tins

C) Pasta

D) Cereal

Q5. We often give out something called a kettle pack. What do you think a kettle pack is?

A) A free kettle that uses less energy?

B) It's code name for an advice sheet for people who have been in 'hot water' with DWP

C) It's different food for people who have no access to a cooker

D) It's a free set of exercise kettlebells to help people stay fit and strong

Q6. What else do Rugby Foodbank give to guests who visit us for emergency food?

A) A free lunch

B) Clothes and school uniform for children

C) Advice and support from Citizens Advice, Family Information Service, Health Exchange, Act on Energy & MIND.

D) A free phone and sim card if they need it

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Round 5

Trussell is a Christian Charity

Q1. Finish this sentence:
“Whoever gives to the poor will ___ nothing.”

A) Gain

B) Lose

C) Lack

D) Owe

Q2. Who shared their small lunch that Jesus used to feed thousands?

A) A Young Boy

B) The disciple named Luke

C) A local fisherman

D) Mary Magdalene

Q3. According to the Bible, what matters more to God?

A) Not swearing

B) Praying

C) Loving actions

D) Eating our daily bread

Q4. In the Lord’s Prayer, what does Jesus teach us to pray for?

A) To go to heaven when we die

B) Our daily bread

C) To ask him to be with us all for ever and ever – Amen

D) Power and Glory by donating to the foodbank

Q5. When Jesus talks about loving our neighbour, who does he mean?

A) The person who lives next door to us

B) The person who sits next to us at work, School or College

C) All the people who live in the street near us

D) Everyone, especially those in need

Q6. At the last supper, what did Jesus and his disciples eat?

A) Cheese and wine

B) BBQ type food

C) Unleavened bread and lamb.

D) Olives, figs and mustard seeds.

Thank you

From everyone at Rugby Foodbank

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rugby.foodbank.org.uk

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If this quiz has inspired you to make a donation, you can do so at :

rugby.foodbank.org.uk/give-help/donate-money/

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