



Please donate an item or two from the list to help local people left without enough money to live on.

Shopping list

Tinned mince
Tinned stew
Tinned carrots
Tinned peas
Tinned fruit
Cooking oil
Tinned tomatoes
Peanut butter.

[Rugby.foodbank.org.uk](https://rugby.foodbank.org.uk)

Registered Charity in England & Wales (1126487).



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Shopping list

Washing powder / gel.
Tinned Tomatoes
Rice Pudding
Custard
Fruit Juice
Peanut Butter
Tinned carrots / peas
Corned beef

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Shopping list

Tinned chicken stew
Corned beef
Cooking oil
Peanut Butter
Laundry products
Custard
Tinned snack meals
Fruit juice

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Shopping list

Tinned meat
Tinned tuna
Cooking sauces
Tinned snack meals
Cooking oil
Tinned chicken stew
Laundry products
Peanut butter

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